

Empowering Staff

Many organisations *say* they believe in empowering their staff – but what does empowerment mean *in practice*?

This training workshop helps managers explore the concrete skills involved in empowering staff. It covers:

- **Models** of empowerment: what does it mean to 'empower' another person?
- Aligning **personal and organisational values**
- **Communicating** with staff in empowering ways
- Creating a **framework for personal development** in the organisation
- How to awaken individuals' **aspirations**: enabling a vision of alternative futures
- Helping people set **goals** for themselves
- How to build people's **resilience** in the face of difficulties.